



Contact Us:

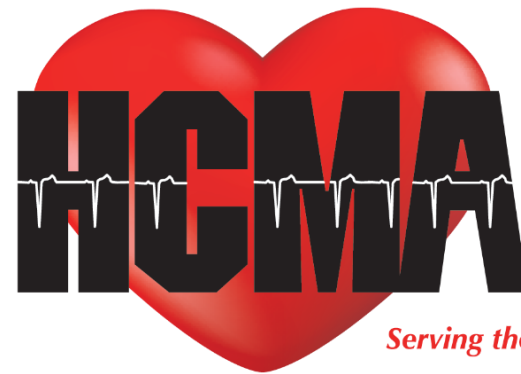
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Presented by: Lisa Salberg CEO and Founder



**Hypertrophic  
Cardiomyopathy  
Association**

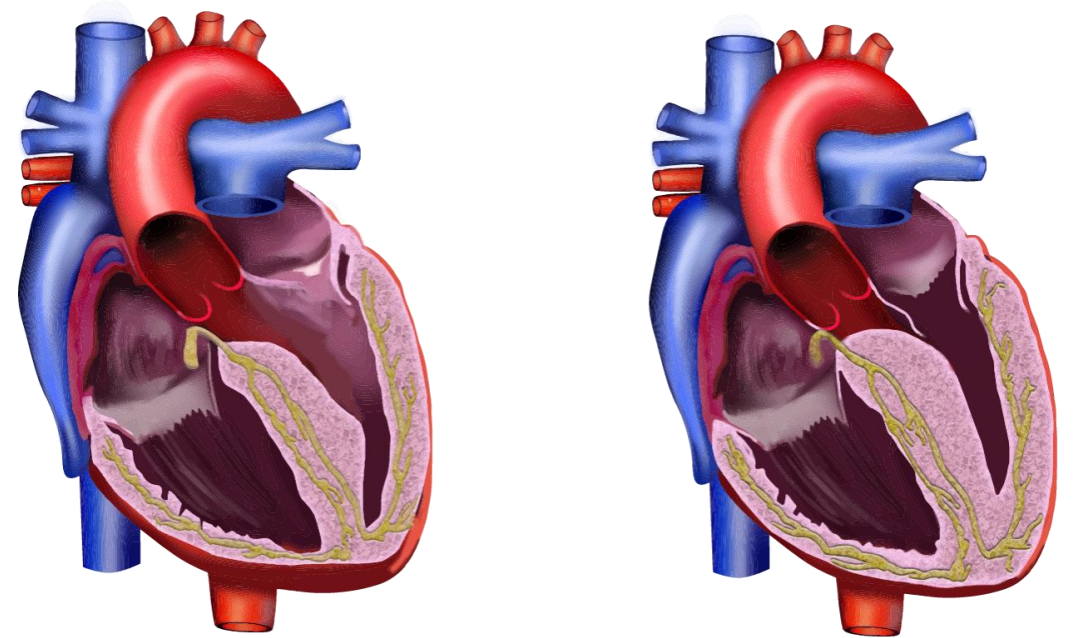
*Serving the HCM Spectrum Disorder Community Since 1996*

# The Hypertrophic Cardiomyopathy Association

Is a 501c3 providing support, advocacy, and education to patients, families, the medical community, and the public about hypertrophic cardiomyopathy while supporting research and fostering the development of treatments.

## What is HCM?

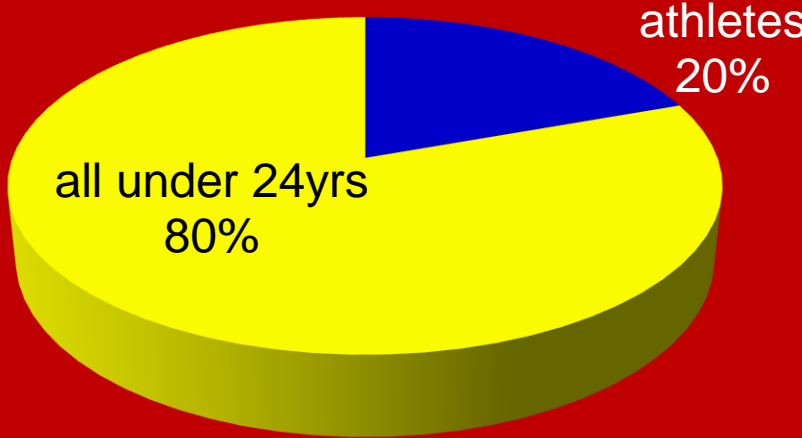
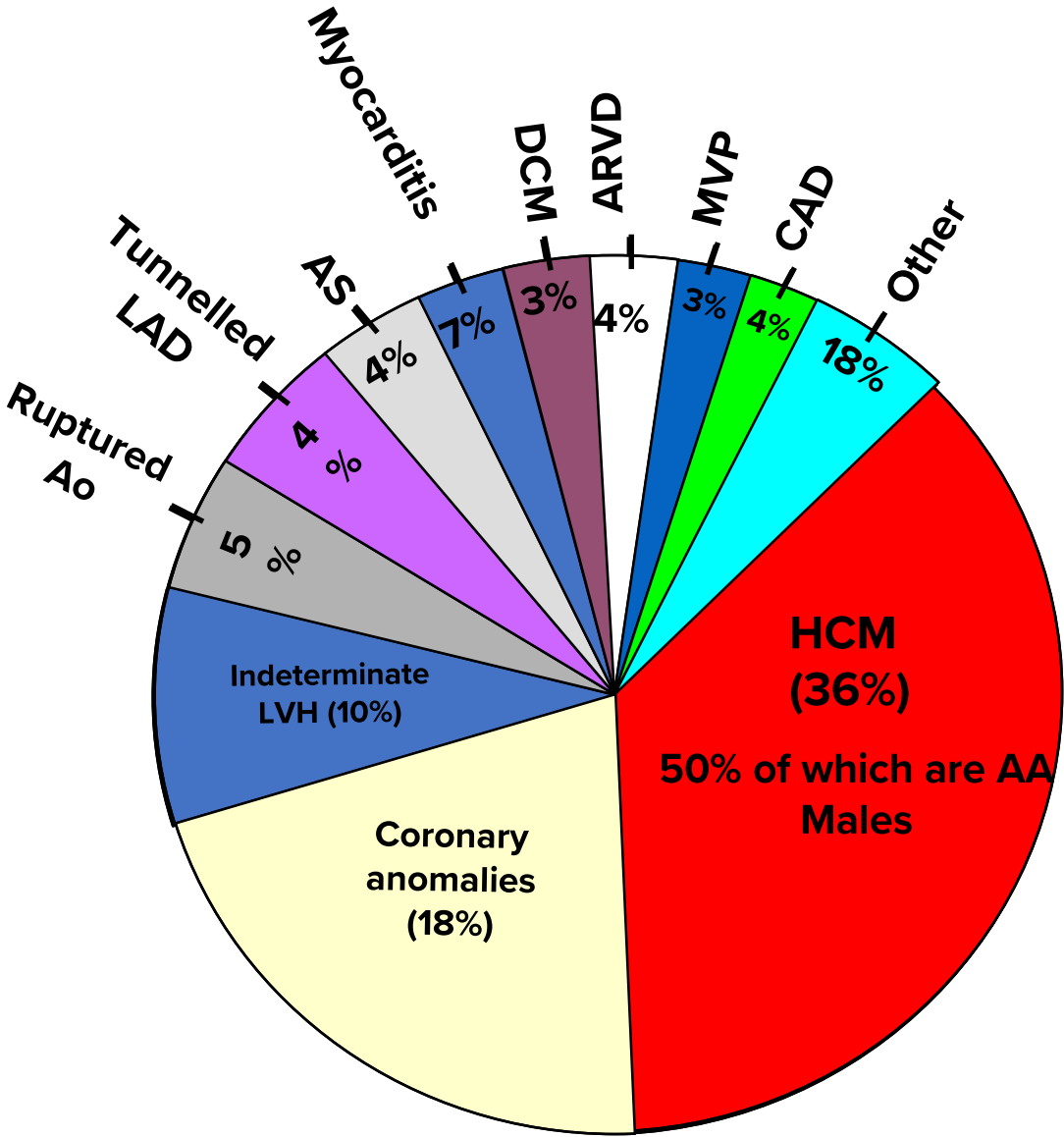
Hypertrophic cardiomyopathy (HCM) is a common genetic disorder that affects people regardless of gender, ethnicity, age or geographic location. HCM causes the heart to be thick, stiff and fails to pump blood properly. It can lead to shortness of breath, palpitations, arrhythmias, heart failure, and sudden cardiac arrest.



**Prevalence Between:**  
**1 and 200 and 1 and 500**  
663,800-1.6m potential HCM Patients

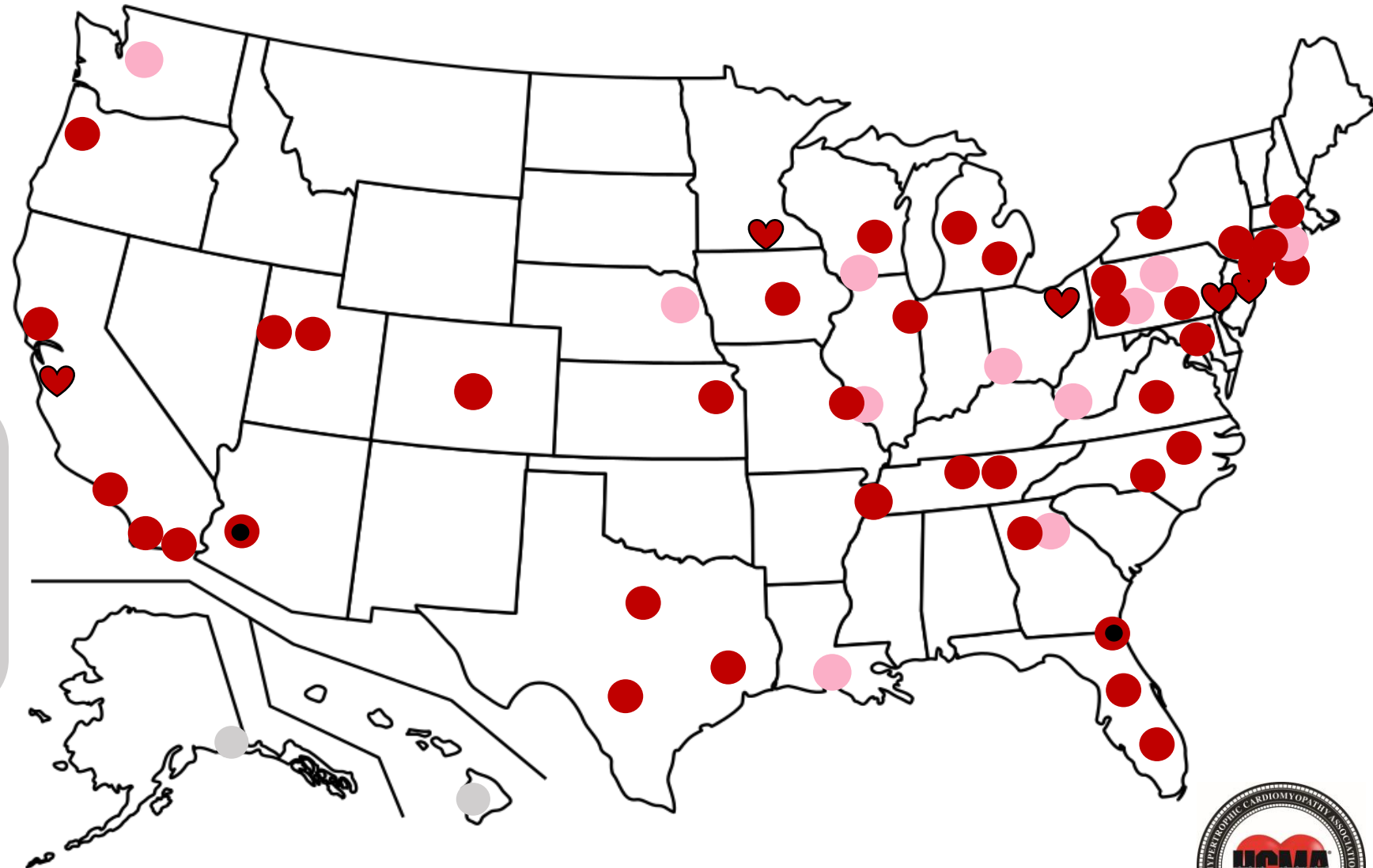
# You may have heard about Cardiac Arrest in Young Athletes, but, do you know the cause?

We know, thanks to the SCD in Athletes Registry, that approximately 75 young Athletes die each year and most will die from HCM however...



# HCMA Recognized Centers of Excellence

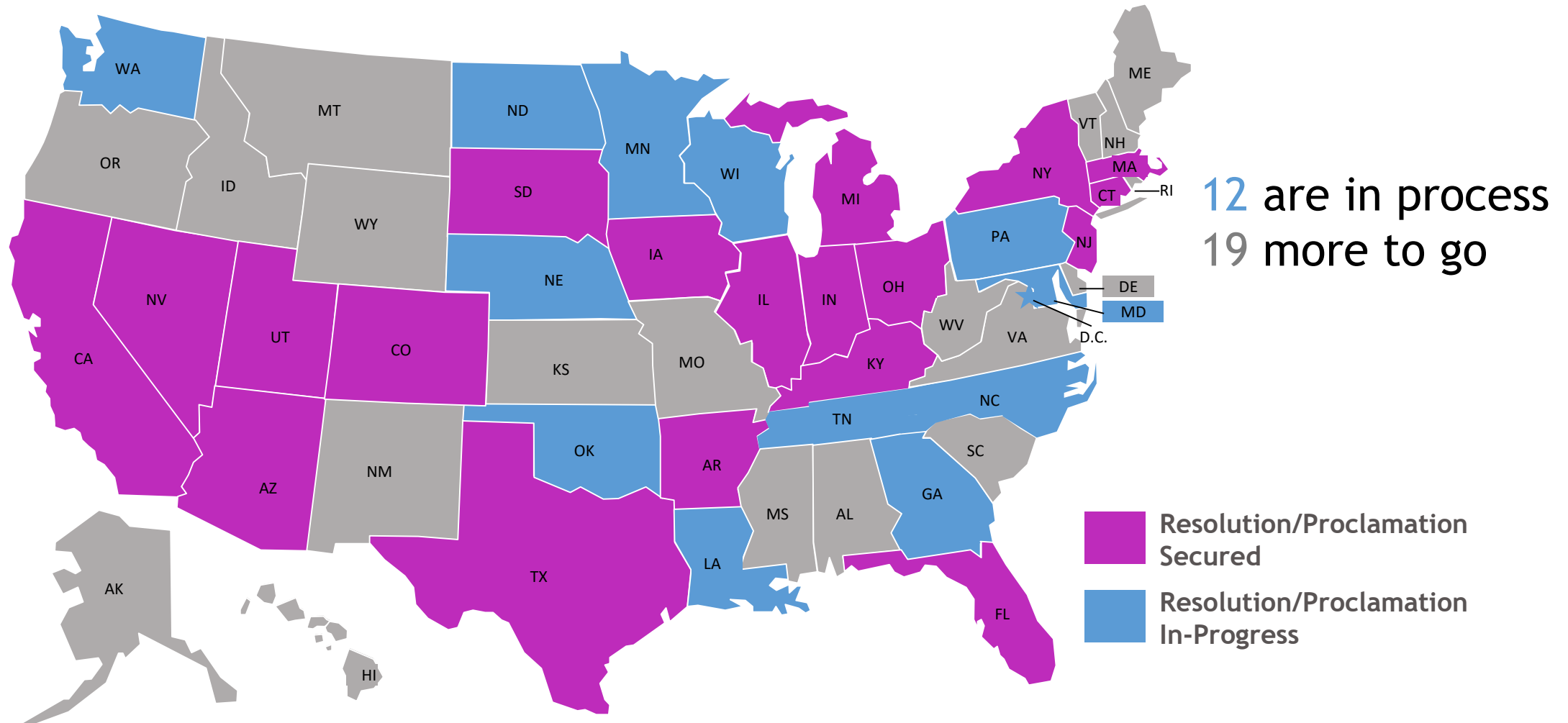
- ♥ COE over 3000+ pts
- COE
- Program under evaluation
- Program pending evaluation



**Today an estimated 55,000+ are managed each year at HCMA recognized COE's!**



# Governors & State Legislatures in 19 states now officially recognize HCM Awareness Day



**What can we do to save and improve the lives of those with HCM?**

# What can you do?

1. Help pass resolutions and proclamations in your state that recognize HCM Awareness day
2. Make sure your AED/ CPR Legislation is up to date and as strong as it can be

OR





# Become a champion for the Healthy Cardiac Monitoring ACT

- Include cardiac questions to be added to the “Well Child” examinations for all children under the age of 19
- To improve professional development for healthcare providers with an online training system.
- Improve student-athlete pre-participation physicals and athlete education about signs and symptoms that are linked to cardiac conditions
- Improve the ability of healthcare providers to identify children and families at risk for cardiac disorders, both genetic and congenital.
- The Legislation we are seeking to introduce and pass at the level is called the “Healthy Cardiac Monitoring Act”

## Cardiac Health Spectrum of Diseases Identified in Prevalence Data:

Hypertrophic Cardiomyopathy (HCM)

Arrhythmogenic Right Ventricular Cardiomyopathy  
(ARVC)

Dilated Cardiomyopathy (DCM)

Marfan Syndrome

Long QT Syndrome (LQTS)

Brugada Syndrome (BrS)

Catecholaminergic Polymorphic Ventricular  
Tachycardia (CPVT)

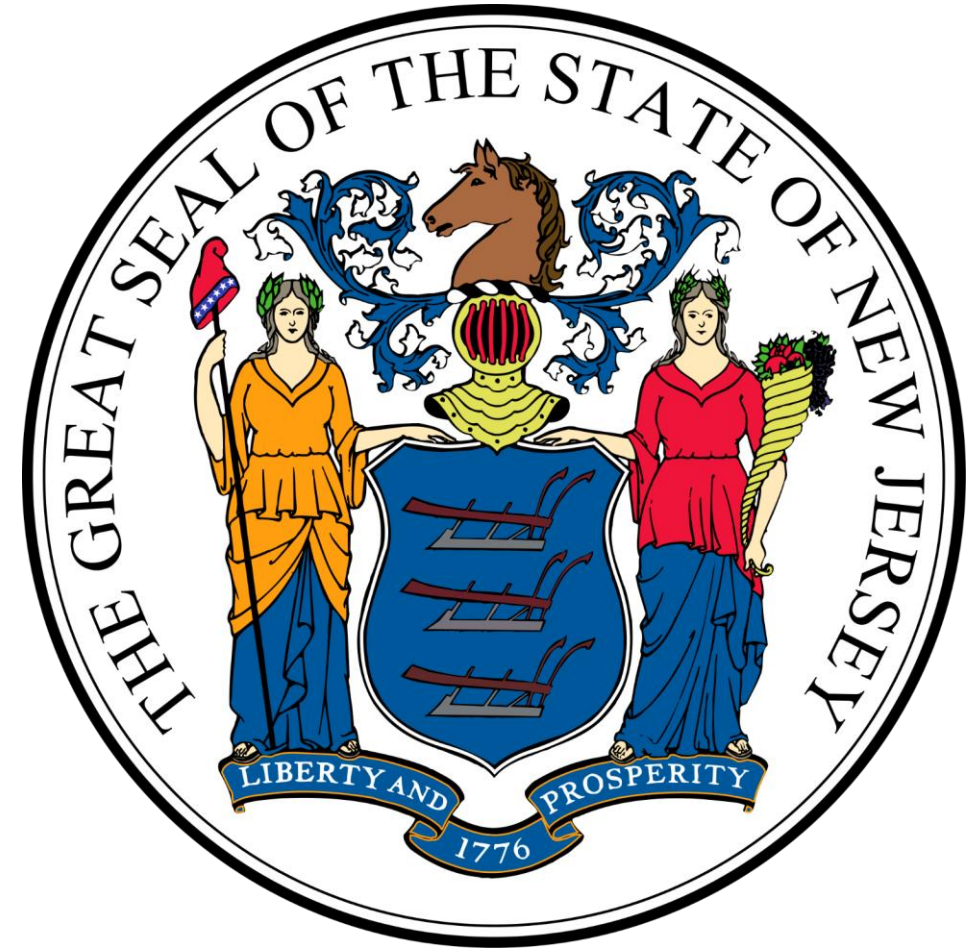
Anomalous Aortic Origin of Coronary Artery (AAOCA)

Congenital Heart Disease (CHD)



# Practical application?

- New Jersey adopted this in 2015
- We have seen a decrease in sudden cardiac arrests.
- We have not seen a burden on Health Care Practitioners.
- Training requirements have helped raise awareness in HCP's.
- Raises public awareness of cardiac health risks in families.





# How many families can you impact?

Example:

California- 429,703- 1,265,684

Maryland- 66,099- 194,694

Ohio- 244,564- 1,896,055

## Help us keep families whole.

